

AUGUST 2026

JEWISH COMMUNITY CENTER
2565 BALLTOWN ROAD,
NISKAYUNA, NY 12309
MONDAY, WEDNESDAY,
FRIDAY 10:00AM-1:00PM



BREAD IS PROVIDED WITH EVERY MEAL.
 1% MILK FOR THE WEEK IS GIVEN ON
 WEDNESDAYS.

CALL (518)382-8481 X 1 TO RESERVE OR
 CANCEL MEAL.

SUGGESTED MEAL CONTRIBUTION:
 REGISTERED GUESTS 60 AND OVER - \$4.00
 REQUIRED FEE FOR GUESTS UNDER 60 -
 \$14.00

CASH PREFERRED
 MENU ITEMS ARE SUBJECT TO CHANGE

RESERVATIONS ARE REQUIRED

SCHENECTADY COUNTY SENIOR &
 LONGTERM CARE WEBSITE:
WWW.SCHENECTADYCOUNTYNY.GOV

NY CONNECTS
 (518) 382-8481 X1

Monday	Tuesday	Wednesday	Thursday	Friday
3 Moroccan Chicken Lyonnaise Carrots Kasha w/ Bowties Baked Pear	4	Foster Grandparent 5 Beef Stew (Cholent) Noodles Vanilla Cupcake	6	Fun Friday 7 Roast Beef w/ Gravy Carrots Baked Potato Brownie
Name that Tune 10 Chicken Schnitzel Tuscan Blend Veggies Pasta w/ Red Sauce Mini Cannoli	11	BINGO 12 Baked White Fish Coleslaw Green Beans Cornbread Cup Cake	13	Friday Fun 14 Apricot Chicken California Blend Veggies Rice Pilaf Apple Cake
EPIC Presentation 17 Italian Meatballs Pasta w/ Red Sauce Italian Green Beans Italian Blend Veggies Fruit Cocktail	18	BINGO 19 Chicken Pot Pie Stewed Cabbage Vanilla Cookie	20	Fun Friday 21 Chicken Piccata Roasted Veggies Fingerling Potatoes Chocolate Chip Cake
Birthday Celebration 24 Pulled Chicken Taco Dirty Rice Churros	25	BINGO 26 Turkey Meatloaf Mashed Potatoes Peas & Carrots Pound Cake	27	Fun Friday 28 Roast Turkey Green Beans Sweet Potato Cranberry Sauce Stuffing Baked Apple
Craft Day 31 Moroccan Chicken Lyonnaise Carrots Kasha & Bow Ties Baked Pear				<i>Reviewed by dietitian Deborah, RD 7/28/26</i>

THE SENIOR NUTRITION PROGRAM HELD AT SCHENECTADY JEWISH COMMUNITY CENTER IS OPERATED BY 518 KOSHER UNDER CONTRACT WITH THE SCHENECTADY COUNTY OFFICE OF SENIOR & LONG TERM CARE. THE PROGRAM IS FUNDED BY THE OLDER AMERICANS ACT, NYS OFFICE FOR THE AGING, SCHENECTADY COUNTY, AND CONTRIBUTIONS. THE PROGRAM PROVIDES SERVICES AND ACCESS TO SERVICES WITHOUT REGARD TO RACE, RELIGION, SEX, NATIONAL ORIGIN, PARTISAN AFFILIATION, OR SEXUAL ORIENTATION.