

OCTOBER 2024

JEWISH COMMUNITY CENTER

2565 BALLTOWN ROAD,
NISKAYUNA, NY 12309
MONDAY, WEDNESDAY,
FRIDAY 10:00AM-1:00PM



BREAD IS PROVIDED WITH EVERY MEAL.
1% MILK FOR THE WEEK IS GIVEN ON
WEDNESDAYS.

CALL (518)382-8481 X 1302 TO RESERVE OR
CANCEL MEAL.

SUGGESTED MEAL CONTRIBUTION:
REGISTERED GUESTS 60 AND OVER - \$2.00
REQUIRED FEE FOR GUESTS UNDER 60 -
\$10.00

CASH PREFERRED
MENU ITEMS ARE SUBJECT TO CHANGE

RESERVATIONS ARE REQUIRED

SCHENECTADY COUNTY SENIOR &
LONGTERM CARE WEBSITE:
WWW.SCHENECTADYCOUNTYNY.GOV

NY CONNECTS
(518) 382-8481 X1

Monday

Fall Memory Card Game 7
Baked Chicken legs
Mixed Veggies
Cole Slaw
Fresh Fruit

Make Leaf Paper Mache Bowls 14
Greek Chicken
Mixed Garden Salad
Basmati Rice
Fresh Whole Fruit

Pumpkin Painting 21
BBQ Chicken
Cole Slaw
Potato Salad
Corn Bread
Cup Cake

Autumn Trivial Pursuit & Hand out Harvest Scavenger Hunt Lists 28
Baked Salmon
Green Beans
Baked potato
Cup cake

Tuesday

Fall Puzzles Challenge 2
Riva Chicken
Roast Carrots
Brown Rice
Brownies

Corn Hole Tournament 9
Turkey Meat Loaf
Peas and Carrots
Whipped Potatoes
Fresh Fruit

Sukkot - Learn About the Holiday 16
Stuffed Cabbage
Zucchini and Carrots
Fruit Cocktail

Autumn Games 23
Chicken Schnitzel
Italian Veggies
Pasta
Fruit Salad

Birthday & Harvest Scavenger Hunt 30
Riva Chicken
Roast Carrots
Brown Rice
Brownies

Wednesday

Fall Puzzles Challenge 2
Riva Chicken
Roast Carrots
Brown Rice
Brownies

Corn Hole Tournament 9
Turkey Meat Loaf
Peas and Carrots
Whipped Potatoes
Fresh Fruit

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Autumn Games 23
Chicken Schnitzel
Italian Veggies
Pasta
Fruit Salad

Birthday & Harvest Scavenger Hunt 30
Riva Chicken
Roast Carrots
Brown Rice
Brownies

Thursday

Fall Puzzles Challenge 2
Riva Chicken
Roast Carrots
Brown Rice
Brownies

Corn Hole Tournament 9
Turkey Meat Loaf
Peas and Carrots
Whipped Potatoes
Fresh Fruit

Sukkot - Learn About the Holiday 16
Stuffed Cabbage
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Fruit Cocktail

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Italian Veggies
Pasta
Fruit Salad

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Riva Chicken
Roast Carrots
Brown Rice
Brownies

Friday

Closed 4
Rosh Hashanah

Closed 11
Yom Kippur

Closed 18
Sukkot

Closed 25
Shemini Atzeret

Closed 31

THE SENIOR NUTRITION PROGRAM HELD AT SCHENECTADY JEWISH COMMUNITY CENTER IS OPERATED BY 518 KOSHER UNDER CONTRACT WITH THE SCHENECTADY COUNTY OFFICE OF SENIOR & LONG TERM CARE. THE PROGRAM IS FUNDED BY THE OLDER AMERICANS ACT, NYS OFFICE FOR THE AGING, SCHENECTADY COUNTY, AND CONTRIBUTIONS. THE PROGRAM PROVIDES SERVICES AND ACCESS TO SERVICES WITHOUT REGARD TO RACE, RELIGION, SEX, NATIONAL ORIGIN, PARTISAN AFFILIATION, OR SEXUAL ORIENTATION.

John Wild, P.O.W. 9/24/24