

Organization

Albany Guardian Society (AGS)

Contact

Email: ags@albanyguardiansociety.org

Phone #: 518-434-2140

Website: www.AlbanyGuardianSociety.org

Services Offered

Free resources include Housing Options for Older Adults and Transportation Options for Older Adults, and free classes tailored to older adults and caregivers.

Criteria for Services

Open to everyone, regardless of age or place of residence.

Cost

All resources and classes are free and there is no membership requirement.

How to Request

Register for classes at [Classes - Albany Guardian Society](#) or call AGS at 518-434-2140.

Confidential

Yes, at AGS we never share your information with anyone.

Additional Notes

At AGS, lifelong learning shapes our mission. We are here to support both individuals navigating the aging process and those caring for loved ones. As a trusted resource, we provide education, connection, and guidance.