





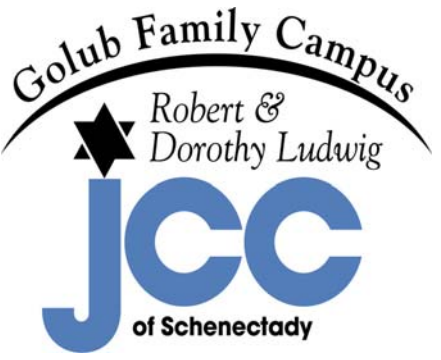




Schaffer Gymnasium Schedule: July 6 - August 8, 2010

	5:30-6:30 am	6:30-9am	9 am - 12 pm	12 pm - 3 pm	3 pm-5:30 pm	5:30 pm-6:30pm	6:30pm-8:45pm		
Monday	Boot Camp Challenge 5:30-6:30 am 	*Open Gym* 6:30 - 9 am	Summer Camp 9 am - 12 pm	Half Summer Camp/ Half *Open Gym* 12 - 3 pm	Summer Camp 3 pm - 5 pm	ZUMBA 5:30 pm - 6:30 pm	Open Gym 6:30 pm - 8:45 pm		
Tuesday	*Open Gym* 5:30 - 9 am	Summer Camp 9 am-12pm	*Open Gym* 12 - 1 pm	Summer Camp 1 pm - 5:30 pm	5:30 pm - 8:45 pm *Open Gym* 5:30 pm - 8:45 pm *July 13th the Gym will be closed from 6 - 7:30 pm*				
Wednesday	Boot Camp Challenge 5:30 - 6:30 am 	*Open Gym* 6:30 - 9 am	Summer Camp 9 am - 12 pm	Adult Lunch Hour Basketball 12 pm - 1pm 	Half Summer Camp/ Half *Open Gym* 1 pm - 3 pm	Summer Camp 3 pm - 5 pm	*Open Gym* 5 pm - 6 pm	Volleyball 6 pm - 8 pm	Pick-up Basketball 8 pm - 8:45 pm \$3 non-members 
Thursday	*Open Gym* 5:30 - 9 am	Summer Camp 9 am - 12 pm	*Open Gym* 12 - 1 pm	Summer Camp 1 pm - 5 pm	5pm-8:45pm *Open Gym* 5pm - 8:45pm *July 22nd the Gym will be closed from 6 - 7:30 pm*				
Friday	Boot Camp Challenge 5:30 - 6:30 am 	*Open Gym* 6:30 - 9 am	Summer Camp 9 am - 10 am	*Open Gym* 10 am - 12 pm	Adult Lunch Hour Basketball 12 - 1 pm 	Half Summer Camp/ Half *Open Gym* 1 pm - 3 pm	Summer Camp 3 pm - 5:45 pm		
Saturday	12 pm - 5:45 pm *Open Gym* 12 pm - 5:45 pm								
Sunday	*Open Gym* 8 am - 10 am	Pick-up Basketball \$5 for Non-Members 10am-12:30pm 	*Open Gym* 12:30 - 2 pm	Birthday Parties 2 pm - 3 pm 	3 pm - 5:45 pm *Open Gym* 3 pm-5:45 pm				

Notes:

Summer Swim Team has started! Call Walter Carreiro at 377-8803 ext 254 for more details.

Summer Tennis Lessons started on Monday, June 28th for kids ages 5 - 14 years old. Call Chris Belden at 377-8803 ext 255 to register.

For birthday party information contact Chris Belden 377-8803 ext 255



Please remember to bring your membership card and to sign in each time you visit the JCC

5:30am-8:45 pm
 Fri 5:30am-5:45 pm
 Sat 12pm - 5:45pm
 Sun 8 am - 5:45 pm

Sports and Wellness Director
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